



How to Access Free, 24/7 Virtual Care from Anywhere

It's simple! Follow these steps and you'll be connected to virtual health and well-being services in no time.

1. Access TimelyCare.

Scan this QR code.



2. Log in with your school email address.

Use the one that ends in .edu.

3. Fill out some information. Nothing too complicated!

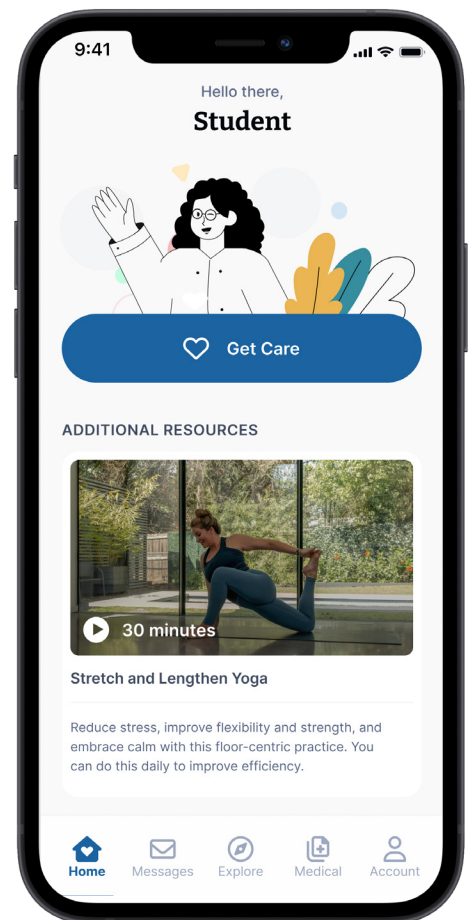
TimelyCare is confidential, secure, and HIPAA compliant.

4. Click "Get Care."

Well, you get it.

5. Don't need a visit right away? Check out our Explore page.

It's self-care at your fingertips.



Having trouble logging in? Email help@timely.md or call **1-833-4-TIMELY** for assistance. We've got you covered!

timelycare.com/nmjc

It's for Students. FOR FREE.

