

Native American Rattle/Shaker



The rattle/shaker is a percussion instrument that produces a sound when shaken. Often used in Native American ceremonial dances rattles/shakers are made using a number of different materials. Traditional Native American rattles/shakers were made out of dried gourds - the seeds inside provided the sound. In addition to the shaker/rattle, Native Americans also wear jingle bells on their costumes or added to their percussion instruments.

Our version is made from easy to find materials.

Materials

Packet Includes these materials

- 2 - small styrofoam bowls
- 1 - large craft stick
- 6 - small jingle bells
- 12 - small pony beads
- small gravel
- 10 - skinny ribbons
- 3 - colored feathers
- 2 - Native American symbols
- cotton string

You need to furnish

- scissors
- super glue or glue gun
- craft wire needle or a needle with a large eye
- colored sharpie

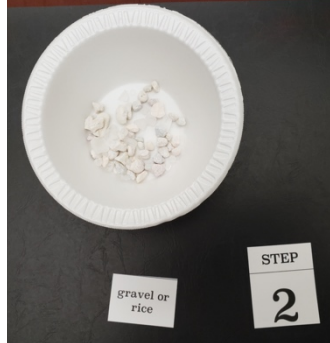
You can add your own embellishments to those supplied - use your imagination!



Instructions



1. Start by decorating the styrofoam bowls with a sharpie.



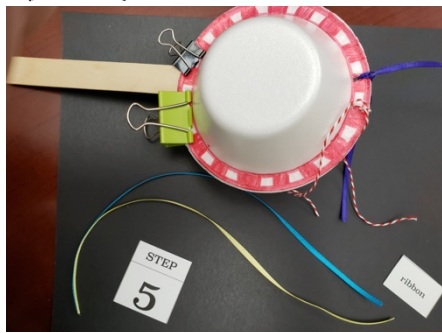
2. Pour the small gravel or rice into one of the bowls.



3. Glue the wooden craft stick and the two bowls together (facing each other). Let the glue dry completely.



4. Gather together the string and jingle bells. Make a needle out of the craft wire or use a regular needle with a large eye.



5. Insert a length of string into the needle and then through the opening in the jingle bell. Insert the string into the flange of styrofoam bowl (where the flange meets the bowl). Tie a double knot.



Space the jingle bells around the bowl as you wish.



6. Add ribbons, feathers and beads to decorate. You can sew or glue them whatever you prefer.



7. Glue a Native American symbol to each side.



8. When you think you have enough decorations you are FINISHED!