



NMJC Continuing Education and Community Programs Fall 2017 Schedule August 21—December 13

575-492-4707 www.nmjc.edu/trainingandoutreach Email: klatimer@nmjc.edu

In person-NMJC John Shepherd Administrative Building, Room 110

Daytime Classes: \$65 per class 55 & older: \$35 per class

Prices above apply to classes without listed prices.

10471	Arthritis Aquatics	J. Baldwin	MWF DN	6:45am-7:35am
10475	Arthritis Aquatics	N. Helms	TR DN	6:45am-8am
10472	Arthritis Aquatics	N. Helms	MWF DN	7:45am-8:35am
10473	Arthritis Aquatics CLOSED	N. Helms	MWF DN	11am-11:50am
10476	Arthritis Aquatics CLOSED	J. Baldwin	TR DN	2:30pm-3:20pm
10474	Arthritis Aquatics	J. Baldwin	MW DN	2:30pm-3:20pm
11112	Arthritis Aquatics	D. Meroney	MW Tatum HS Pool	4pm-5:15pm
10467	Aqua Fitness CLOSED	K. Holladay	MW DN	5:30pm-6:45pm
10468	Aqua Fitness CLOSED	T. Baldwin	TR DN	6pm-7:15pm
11111	Aqua Fitness	D. Meroney	TR Tatum HS Pool	4pm-5:15pm
10486	Aqua Zumba	L. Garcia	TR DN	9:30am-10:45am
10450	Arthritis Exercise	R. Morris	MWF DN	9am-9:50am
10439	Barre Above	L. Jackson	MW DN	12pm-1:15pm
10443	Circuit/Stretching	D. Tippy	TR Caster	4:15pm-5:15pm
10442	Cross Training	L. Jackson	TR DN	5:30pm-6:45pm
10460	Community Fitness	N. Helms	TBA	Own pace
10461	Community Fitness	R. Morris	TBA	Own pace
10459	Conditioning Aerobics	P. DeAnda	MTR Lovington Llano	4pm-4:50pm
10454	Fundamentals of Yoga	D. Tippy	MW Caster	9am-10am
10452	Fundamentals of Yoga	R. Sudduth	MW Caster	12pm-1:15pm
10453	Fundamentals of Yoga	L. Reed	TR Caster	12pm-1:15pm
10455	Fundamentals of Yoga	L. Reed	TR Lovington Church of Nazarene	6pm-7:15pm
10448	Kettlebells, Calis. & Ropes	A. Fons	TR Caster	5:30pm-6:45pm
10449	Pilates	L. Jackson	MW DN	5:30pm-6:45pm
10484	Recreational Racquetball	J. Baldwin	TR Caster	6pm-7:15pm
10458	Urban Kick	E. Ray	MW Caster	5:30pm-6:45pm
11110	Spinning CLOSED	L. Pancorbo	MW DN Aug 21-Oct 11 \$35 8weeks	5:30pm-6:30pm
11111	Spinning CLOSED	L. Pancorbo	TR DN Aug 22-Oct 12 \$35 8weeks	5:30pm-6:30pm
11110	Spinning	L. Pancorbo	MW DN Oct 16-Dec 13 \$35 8weeks	5:30pm-6:30pm
11111	Spinning	L. Pancorbo	TR DN Oct 17-Dec 14 \$35 8weeks	5:30pm-6:30pm
10457	Zumba Step	A. Bartlett	MW Lovington Jefferson Elem	6:30pm-7:30pm
10456	Zumba Toning	E. Wright	TR Caster	5:30pm-6:45pm
11113	Zumba	E. Wieser	TWR Lovington Jefferson Elem Aug 22-Oct 26 \$75	5:15am-6:15am
11114	Zumba	E. Wieser	TWR Lovington Jefferson Elem Oct 31-Dec 21 \$60	5:15am-6:15am
10496	Backpacking & Camping	J. Baldwin	M Caster / Trip Guadalupe Mtns Classes start Oct 16, trip Nov 10-12	6pm-9pm

	Piano ages 7 & up	A. Tsonis	1 hr -8 weeks, \$60 Oct 16-Dec 8	TBA
	Voice ages 7 & up	A. Tsonis	1 hr -8 weeks, \$60 Oct 16-Dec 8	TBA
	Piano/Voice Combo ages 7 & up	A. Tsonis	1 hr -8 weeks, \$60 Oct 16-Dec 8	TBA

-Spring Adult Fitness Registrations Begin in November-

Youth College Summer 2018 Classes for age 5-14!

Art - Computer Game Coding, Minecraft, 3D Video Games - Cooking

Robotics - Science - Spanish - Theater - and more!

Watch for Youth College details coming Spring 2018