



NMJC Continuing Education and Community Programs

Spring 2018 Schedule January 16—May 9

575-492-4707 www.nmjc.edu/trainingandoutreach Email: klatimer@nmjc.edu

In person-NMJC John Shepherd Administrative Building, Room 110

Classes: \$65 per class

55 & older: \$35 per class

Prices above apply to classes without listed prices. Dates apply unless otherwise noted.

10471	Arthritis Aquatics	J. Baldwin	MWF DN	6:45am-7:35am
10475	Arthritis Aquatics	N. Helms	TTh DN	6:45am-8am
10472	Arthritis Aquatics	N. Helms	MWF DN	7:45am-8:35am
10473	Arthritis Aquatics	N. Helms	MWF DN	11am-11:50am
10476	Arthritis Aquatics	J. Baldwin	TTh DN	2:30pm-3:20pm
10474	Arthritis Aquatics	J. Baldwin	MW DN	2:30pm-3:20pm
10467	Aqua Fitness	K. Holladay	MW DN	5:30pm-6:45pm
10468	Aqua Fitness	T. Baldwin	TTh DN	6pm-7:15pm
10486	Aqua Zumba	L. Garcia	TTh DN	9:30am-10:45am
10450	Arthritis Exercise	R. Morris	MWF DN	9am-9:50am
10439	Barre Above	L. Jackson	TTh DN	12pm-1pm
10443	Circuit/Stretching	D. Tippy	TTh Caster	4:15pm-5:15pm
10442	Cross Training	L. Jackson	TTh DN	5:30pm-6:45pm
10460	Community Fitness	N. Helms	TBA	Own pace
10461	Community Fitness	R. Morris	TBA	Own pace
10459	Conditioning Aerobics	P. DeAnda	MTR Lovington Llano	4pm-4:50pm
10451	Fundamentals of Yoga	R. Sudduth	TTh Caster	6:30am-7:30am
10454	Fundamentals of Yoga	D. Tippy	MW Caster	9am-10am
10452	Fundamentals of Yoga	R. Sudduth	MW Caster	12pm-1:15pm
10453	Fundamentals of Yoga	L. Reed	TTh Caster	12pm-1:15pm
10455	Fundamentals of Yoga	L. Reed	TTh Lovington Church of Nazarene	6pm-7:15pm
10448	Kettlebells, Calis. & Ropes	A. Fons	TTh Caster	5:30pm-6:45pm
10449	Pilates	L. Jackson	MW DN	5:30pm-6:45pm
10484	Recreational Racquetball	J. Baldwin	TTh Caster	6pm-7:15pm
10458	Urban Kick	E. Ray	MW Caster	5:30pm-6:45pm
11110	Spinning	L. Pancorbo	MW DN Jan 8-Feb 28 \$35 8 weeks	5:30pm-6:30pm
11111	Spinning	L. Pancorbo	TTh DN Jan 8-Mar 1 \$35 8 weeks	5:30pm-6:30pm
11110	Spinning	L. Pancorbo	MW DN Mar 5-May 2 \$35 8 weeks	5:30pm-6:30pm
11111	Spinning	L. Pancorbo	TTh DN Mar 6-May 3 \$35 8 weeks	5:30pm-6:30pm
10457	Zumba	A. Bartlett	MW Lovington Jefferson Elem	6:30pm-7:30pm
10456	Zumba Toning	E. Wright	TTh Caster	5:30pm-6:45pm
11113	Zumba	E. Wieser	TWTh Lovington Jefferson Elem Oct 31-Dec 21 \$60	5:15am-6:15am
11114	Zumba	E. Wieser	TTh Lovington Jefferson Elem Jan 9-May 10 \$60	5:15am-6:15am
	Backpacking & Camping	J. Baldwin	Mondays, Caster / Trip Big Bend Dates TBA \$65/\$35 age 55 & older	6pm-9pm
	Rope Climbing & Rappelling	K. Holladay	Thursdays, Caster April 19-May 6 Guadalupe Mountains Trip April 28-29 \$95/\$65 age 55 & older	6pm-9pm
	Ceramics \$69 NEW	C. Hutchison	TTh Hagelstein 8 weeks Jan 16-Mar 8	6pm-8:50pm
	Ceramics \$69 NEW	C. Hutchison	TTh Hagelstein 8 weeks Mar13-May10	6pm-8:50pm
	Piano ages 7 & up	A. Tsonis	1 hr -8 weeks, \$60 Jan 16—Mar 9	TBA
	Voice ages 7 & up	A. Tsonis	1 hr -8 weeks, \$60 Jan 16—Mar 9	TBA
	Piano/Voice Combo ages 7 & up	A. Tsonis	1 hr -8 weeks, \$60 Jan 16—Mar 9	TBA

-Summer Adult Fitness Registrations Begin in April-

CONT ED DEL NORTE FITNESS & AQUA CLASSES WILL BEGIN AT THE NEW CORE FACILITY!

Youth College Summer 2018 Classes for age 5-14!

Art - Computer Game Coding, Minecraft, 3D Video Games - Cooking
Robotics - Science - Spanish - Theater - and more!

Watch for Youth College details coming Spring 2018